

Appointment Date and Time: _____

Where do I check in? Go to the Admitting Desk on the main floor at Peace Arch Hospital to register. Please arrive 30 minutes prior to the procedure. From there, you will be directed to the Surgical Daycare Department. There may be a delay. Bring some reading material.

Where is this performed? At the Surgical Daycare Department (sometimes referred to as SOP for Surgical Outpatient Department) at Peace Arch Hospital.

What is flexible video Cystoscopy? A flexible video cystoscopy it's a brief inspection of the urethra and the bladder with a small flexible catheter containing a tiny video camera. You will be able to see the image on the screen. Special lubricant containing local anesthetic is used to minimize discomfort. The entire procedure takes 3 to 5 minutes.

What preparation is required? There is no special preparation. You may drive yourself to and from the hospital. Please empty your bladder a few minutes before the procedure. For women, having your menstrual period will not interfere with the procedure.

What can I expect afterwards? Resume your normal diet and activities. Drink plenty of fluids for a day or two. Occasionally mild discomfort is felt upon emptying the bladder afterwards. Very infrequently a small amount of blood can be seen. This should clear in 1 to 2 days.

When should I seek medical attention? Please note that the following events occur infrequently (less than 1% of the time). Please contact your Urologist's office during business hours or proceed to the Peace Arch Emergency after hours if any of the following occur:

- Bleeding or burning does not resolve in a day or two.
- Increasing size or number of blood clots after the procedure.
- Fever (temperature above 38C or 100.4 F)
- Sudden chills or shaking.
- Cloudy or foul smelling urine.
- Voiding often, unable to void or unable to empty your bladder when you void.